



**Manitou Beach Cinco de Mayo 5K Run/Walk and Kids 1 Mile Fun Run
Hosted by: NUTRITION BEACH**

When: Sunday, May 3rd @ 9 a.m.

Where: At Nutrition Beach, in the newly renovated Manitou Beach Village behind Michigan Gypsy. (The building with the boat on the roof.)

Race Day Registration: 8-8:45 Run/Walk: 9 a.m..

Kids 1 Mile: 9:45 Awards: 10:15 a.m.

\$25 Entry Fee before April 19th

(\$30 April 20-race day)

Funds will benefit the Addison Track and Cross-Country Programs

****Please make checks payable to Addison Community Schools**

Mail to: Shane Morse 6868 Jerome Rd, Jerome MI 49249 -or-

Drop off @ Nutrition Beach 140 Lakeview Blvd Manitou Beach

Or Sign-up online through runsignup.com (Search Cinco De Mayo 5k)

***Festive Cinco de Mayo attire is welcome.*

The course will start and end on Lakeview Blvd.

Two Lakes Tavern: will be open and have a special Mexican themed menu and margarita/beer specials after the race inside their restaurant near the finish line.

Awards to be given out for Run/Walk:

- Overall First Place Male & Female
- First Place Master (40+) Male & Female
- First 3 Males & Females in age groups: 11 and under, 12-15, 16-18, 19-24, 25-29,30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, over 70

Cinco De Mayo 5K Registration Form

Registration Form: (Please return with your payment)

Name: _____ Circle One: Male Female

Address: _____

Phone: _____ Circle One: Walking or Running

Age on Race Day: _____ Date of Birth: _____

Email Address: _____

T-Shirt size: (Please circle) Adult: S M L XL XXL

Child: S M L XL

Waiver: Running a road race involves risks of serious injury. Holes and other surface defects exist in the course. Motorists, cyclists, pedestrians and animals may accidentally or deliberately create hazards. Also, the physical strain of a long-distance run can lead to serious health problems. I have read the above and understand this statement and agree to assume all risks of personal injury or other physical or emotional ailment. I hereby waive all liability claims against the Village of Manitou Beach, Addison Community Schools, Nutrition Beach and all other sponsors.

_____ Signature

_____ Parent Signature (if under 18)

****If you or your business would like to be a race sponsor please contact Christal Underwood @ 517-902-1943 by Friday April 10th.**