

TWENTY-FOURTH ANNUAL  
HUDSON CROSS COUNTRY  
BOOSTER 5K OPEN

JULY 27, 2019 8:30 AM

ON HUDSON HIGH SCHOOL CROSS COUNTRY COURSE LOCATED BEHIND HUDSON  
HIGH SCHOOL, 771 N. MAPLE GROVE AVE., HUDSON, MICHIGAN

**AWARDS:** FIRST AND SECOND PLACE OVERALL MALE AND FEMALE AND FIRST PLACE MASTERS MALE AND  
FEMALE PLUS TOP THREE IN EACH AGE GROUP.

**AGE GROUPS:** 0-10, 11-13, 14-15, 16-17, 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-  
64, 65-69, 70 AND OVER

**ENTRY FEE:** \$18.00 BY JULY 22, \$25.00 RACE DAY

(INCLUDES TEE SHIRT)

**ON LINE REGISTRATION AT:**

[www.Runsignup.com/race/mi/hudson/hudsoncrosscountrybooster5k](http://www.Runsignup.com/race/mi/hudson/hudsoncrosscountrybooster5k)

HIGH SCHOOL TEAM DISCOUNT: MINIMUM FIVE MEMBERS OF THE SAME  
HIGH SCHOOL TRACK OR CROSS COUNTRY TEAM PREREGISTERED TOGETHER  
by mail ONLY. NO EXCEPTIONS. \$12.00 EACH

**IN MEMORY of SARAH PROCHASKA-CARPENTER**

**INFORMATION:** TRINA ROMANOWSKI 517-448-8275  
RON CARPENTER 517-286-6931

PROCEEDS TO BENEFIT HUDSON CROSS COUNTRY PROGRAM

MAKE CHECK PAYABLE TO: HUDSON HIGH SCHOOL CC

MAIL TO: HUDSON BOOSTER 5K  
8045 MUNSON HWY  
HUDSON, MI 49247

**SPONSORS**

RUNNING WITH E'S  
146 N. MAIN ST.  
ADRIAN, MI

THE PRO SHOP  
309 W. MAIN ST.  
HUDSON, MI

**Course records**

Men: 15:26, Nick  
Raymond, 2012 High  
School Booster. (race  
record, 15:42 Joshua  
Perrin, 2007)

Women: Kaylin Russeau,  
18:14.99, 2014

please cut here

NAME: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SHIRT SIZE: S M L XL

SEX: M F

(CIRCLE ONE)

(CIRCLE ONE)

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE: \_\_\_\_\_ TOTAL PAID: \_\_\_\_\_

BIB NO. \_\_\_\_\_

OFFICIAL USE ONLY

E-MAIL ADDRESS \_\_\_\_\_

I believe I am physically fit for this event. In consideration of your accepting this entry form, I intending to be legally bound, hereby for myself, my heirs, personal representatives and administrators waive and release all rights and claims for damages I may have against the Hudson Athletic Boosters, Hudson Area Schools, The City of Hudson, sponsors of this event, it's agents, representatives, successors and assigns for any and all injuries suffered by me at said event, or which may arise out of traveling to , participation in and returning from this event.

ENTRANTS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

IF UNDER 18 PARENT OR GUARDIAN SIGNATURE: \_\_\_\_\_